

A GUIDEPOSTS PUBLICATION

30 days of prayer



PRAY THE BIBLE

“All things are possible for God.”

Mark 10:27

THE DAILY LIFE BIBLE

The Disciple’s Prayer	1
Isaiah’s Prayer	2
Jonah’s Prayer.....	3
Mary’s Prayer.....	4
Nehemiah’s Prayer	5
David’s Prayer	6
Prayer for God’s Presence.....	7
Jacob’s Prayer	8
Crucified Thief’s Prayer	9
Hannah’s Prayer	10
Elijah’s Prayer.....	11
Samson’s Prayer	12
Jesus’ Prayer in the Garden of Gethsemane	13
The Leper’s Prayer.....	14
Nebuchadnezzar’s Prayer	15
Asa’s Prayer.....	16
Jeremiah’s Prayer.....	17
Job’s Prayer	18
Gideon’s Prayer.....	19
Tax Collector’s Prayer	20
The Prayer of a Desperate Mother.....	21
Moses’ Prayer.....	22
The Prayer of Jabez	23
Peter’s Prayer.....	24
The Lord Is My Shepherd	25
The Prayer of Jesus.....	26
Solomon’s Prayer for Wisdom.....	27
The Model Prayer.....	28
A Prayer for Stronger Faith	29
A Prayer of Thanksgiving	30

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A Note from the Editor

On the day the LORD gave the Amorites into the power of Israel, Joshua spoke to the LORD in the presence of the Israelites: “Sun, stand still at Gibeon! and Moon, at the Aijalon Valley!”

Joshua 10:12

THE DAILY LIFE BIBLE

OF ALL THE PRAYERS in the Bible, Joshua’s prayer is a true favorite of mine. I love how on the surface, he seems absolutely crazy. Praying for the solar system to stop? And yet—it happens. A miracle takes place.

During difficult times in my life, when I’m facing a dark situation, when a problem impossible to solve is keeping me awake, I stare up at the ceiling and think of Joshua’s prayer to make the sun stand still.

His prayer helps me let go of limitations of my own thinking. It opens my heart to divine possibility—to believing that anything is possible. Miracles are possible.

The Bible is filled with precious prayers that open my heart and deepen my faith. I hope that each of the 30 Bible prayers in this booklet find a place in your heart and help guide you through the opportunities and challenges in your life. — SABRA CIANCANELLI

The Disciples’ Prayer

“Lord, teach us to pray...”

Luke 11:1

THE DAILY LIFE BIBLE

Do you wish you could pray like Jesus? The Lord’s Prayer is a blueprint to draw you closer to God. Turn to the “Our Father” and other powerful Scripture to build your faith. Let God’s word speak directly to your heart.

Father in Heaven, bless and guide my prayer journey. Draw me close to Your Word and open my heart and mind to Your love and wisdom. Help me become a beacon of Your grace.

DATE _____

REFLECTIONS _____

Isaiah's Prayer

“Then I heard the Lord’s voice saying, ‘Whom should I send, and who will go for us?’ I said, ‘I’m here; send me’. ”

Isaiah 6:8

THE DAILY LIFE BIBLE

When God calls you, do you respond with a heartfelt, “Send me!” or do you list reasons why you aren’t suited for the job? God often presents new opportunities that are out of our comfort zone to help us grow into the people we are meant to be. The next time you feel God nudging you to do His work, wholeheartedly step forward.

Dear Lord, help me accept the opportunities You place in front of me. Give me courage to face challenges that stretch my abilities and bring Your love into the lives of those around me.

DATE _____

REFLECTIONS _____

Jonah's Prayer

“I called out to the Lord in my distress, and he answered me.”

Jonah 2:2

THE DAILY LIFE BIBLE

Jonah turned away from God only to find himself trapped in the belly of a whale and begging for God’s help. Thankfully, the Almighty always grants another chance. No matter how many times you’ve turned away from Him, He will welcome you back with open arms. His unconditional love is the standard we need to strive for, a model for reaching out to others with understanding and forgiveness.

Lord, heal me of resentment. Help me release my grudges and forgive others with the same mercy and grace as You forgive me.

DATE _____

REFLECTIONS _____

Mary's Prayer

**“With all my heart I glorify the Lord!
In the depths of who I am I rejoice in
God my savior.... From now on, everyone
will consider me highly favored
because the mighty one has done great
things for me. Holy is his name.”**

Luke 1:46-49

THE DAILY LIFE BIBLE

God has done great things for you, too! Sometimes daily obligations, plans and worries blind us to the blessings we have right now. Reflect on the gifts God has given you and make gratitude a part of your everyday worship.

*Dear God, I praise You for the gifts—large and small—
You bestow upon me. I vow to treasure each moment and
remember that my everyday blessings are blessings I
receive every day.*

DATE _____

REFLECTIONS _____

Nehemiah's Prayer

**“Lord let your ear be attentive to the
prayer of your servant and to the
prayer of your servants who delight
in honoring your name. Please give
success to your servant today and grant
him favor in the presence of this man!”**

Nehemiah 1:11

THE DAILY LIFE BIBLE

Prayer and action are a powerful combination. When you work towards a goal that God has placed in your heart and pray to be guided by His plans, you can accomplish great things.

*Lord, thank You for placing dreams in my heart, for
guiding me further than I thought possible and helping
me overcome obstacles in my life. Lord, give success to
Your servant today.*

DATE _____

REFLECTIONS _____

David’s Prayer

**“Make your ways known to me,
LORD; teach me Your paths.”**

Psalm 25:4

THE DAILY LIFE BIBLE

God will always lead you on the right path. When you’ve made a poor decision or wavered from His instructions, simply ask for forgiveness, take His hand and get back on track. When temptations or “enemies” threaten your faith journey, help is just a prayer away.

Lord, when I am troubled with fear and uncertainty guide me on Your path of unshakable faith. Help me remember to take my focus off my problems and fix my eyes on You.

DATE _____

REFLECTIONS _____

Prayer for God’s Presence

**“God! My God! It’s you—I search for you!
My whole being thirsts for you!
My body desires you in a dry and
tired land, no water anywhere.”**

Psalm 63:1

THE DAILY LIFE BIBLE

Do you make God your first priority regardless of your busy schedule or daily crises? When King David was under extreme pressure, he did not request help for his problems but only sought God’s presence. Don’t let stress take over your life; put your faith and focus on God.

Heavenly Father, when I place You before all other needs my spirit is renewed and my heart is filled with lasting contentment. Today and every day teach me to be still and wait patiently for You.

DATE _____

REFLECTIONS _____

Jacob's Prayer

“I won't let you go until you bless me.”

Genesis 32:26

THE DAILY LIFE BIBLE

When it comes to prayer, it's okay to be relentless like Jacob. Pray big prayers and be persistent in your faith. Don't hold back on your heart's desire; bring your wants and needs to God.

Dear Lord, because of You I can dream big dreams and pray big prayers. Bless my life with Your omnipotent power. As Jacob vowed, I'm not going to let You go until You bless me.

DATE _____

REFLECTIONS _____

Crucified Thief's Prayer

“Jesus, remember me when you come into your kingdom.”

Luke 23:42

THE DAILY LIFE BIBLE

Always remember that we are all God's children. No matter what is in your past, the moment that you sincerely say the words, “Lord, forgive me,” the slate will be wiped clean.

Lord, my Redeemer, Your unending forgiveness is balm to my soul. Thank You for transforming my life. Help me please You in every way.

DATE _____

REFLECTIONS _____

Hannah's Prayer

**“No one is holy like the LORD—
no, no one except you! There
is no rock like our God!”**

1 Samuel 2:2

THE DAILY LIFE BIBLE

Are you facing a hopeless situation? Never underestimate the power of a desperate prayer. No matter how dire things may seem, cry out to Him and know that He hears you.

All-knowing Father, when I am confused and fearful about what lies ahead, You reassure me that my future is rock solid. Nothing is hopeless when I put my hope in You.

DATE _____

REFLECTIONS _____

Elijah's Prayer

**“Answer me, LORD! Answer me so
that this people will know that you,
LORD, are the real God and that
you can change their hearts.”**

1 Kings 18:37

THE DAILY LIFE BIBLE

When Elijah was afraid and hiding in a cave, God's voice came as a gentle whisper encouraging him to continue on. Do you hear God's still small voice in your life? A good way to tune into His guidance is to spend a few minutes in silence daily. Turn off the radio, television or computer and simply be in the stillness of His presence.

Heavenly Father, help me carve out quiet time where I can be still. Fill me with Your peace and guidance. Lend me Your patience and strength.

DATE _____

REFLECTIONS _____

Samson’s Prayer

“LORD God, please remember me!
Make me strong just this once more...”

Judges 16:28

THE DAILY LIFE BIBLE

Do you forget where the true Source of your strength comes from? Recognize that God blesses you and strengthens your character so that you can be of service. Devote yourself to being an instrument of His work.

Heavenly Father, I am ready to be of service. Guide me to those in need and help me wake each morning enthusiastic to do Your work here on earth.

DATE _____

REFLECTIONS _____

Jesus’ Prayer in the Garden of Gethsemane

“My Father, if it’s possible, take this cup of suffering away from me. However—
not what I want but what you want.”

Matthew 26:39

THE DAILY LIFE BIBLE

Perhaps one of the most powerful prayers is the prayer of powerlessness—the prayer where you give up your will in favor of God’s and truly accept His guidance. By renouncing your own desires for His, your surrender becomes victory.

Lord, when I am up against insurmountable challenges give me the faith to firmly place the situation in Your hands knowing that I will accept the outcome because it comes from You, my loving Father.

DATE _____

REFLECTIONS _____

The Leper's Prayer

**“Lord, if you want,
you can make me clean.”**

Matthew 8:2

THE DAILY LIFE BIBLE

No matter how bad a situation seems, you are never beyond God's healing power. Humbly go before Jesus and trust Him to cleanse your body, mind and spirit. He will restore your health and renew your soul.

Great Physician, I ask for Your healing. Wrap Your loving arms around me. Let me feel Your curative power flow through my body, mind and spirit.

DATE _____

REFLECTIONS _____

Nebuchadnezzar's Prayer

**“His signs are superb! His miracles
so powerful! His kingdom is
everlasting. His rule is for all time.”**

Daniel 4:3

THE DAILY LIFE BIBLE

Nebuchadnezzar failed to give God credit for the blessings in his life. He learned the hard way that God is in control. Does pride get in the way of your faith? Recognize that your talents, and all you have and are, come from God.

Heavenly Father, I want to bring You glory. I humbly acknowledge my accomplishments are Your accomplishments and all of my successes are because of You.

DATE _____

REFLECTIONS _____

Asa's Prayer

“LORD, only you can help the weak against the powerful. Help us, LORD our God, because we rely on you...”

2 Chronicles 14:11

THE DAILY LIFE BIBLE

When you are up against circumstances that feel too overwhelming to handle, turn to God. Look to His word and pray for His will. He is an ever-present help in times of trouble.

Lord, I need You. Help me believe that I can overcome my problems when I bring them to You in prayer.

DATE _____

REFLECTIONS _____

Jeremiah's Prayer

“I know, LORD, that our lives are not our own, that we're not able to direct our paths. So correct me, LORD, but with justice, not in your anger, or else you will reduce me to nothing.”

Jeremiah 10:23-24

THE DAILY LIFE BIBLE

Even if your life has strayed from God's path, you can still get back on track by turning to Him for help. God has the power to transform a life that feels lost into one eminently worth living. Reach out and trust Him to lead you.

Heavenly Father, no matter how lost I feel, You know where I am. Guide me back on Your path.

DATE _____

REFLECTIONS _____

Job's Prayer

“I know You can do anything; no plan of Yours can be opposed successfully.”

Job 42:2

THE DAILY LIFE BIBLE

Do you feel disappointed, betrayed or abandoned by God when bad things happen? Be assured that even in the midst of trials and sorrow, God's plan is at work. With His help, you'll be able to see your troubles as part of a bigger picture.

Dear God, when all seems dark, help me to put my faith in You. Help me be patient and trust Your plan.

DATE _____

REFLECTIONS _____

Gideon's Prayer

“If I've gained Your approval, please show me a sign that it's really You speaking with me.”

Judges 6:17

THE DAILY LIFE BIBLE

Do you feel as if you need signs that God is at work in your life? The Bible is filled with God's messages of reassurance. By reading His Word, you'll open yourself to having Scripture speak to your heart, confirming that He is always with you.

Lord, give me faith to discern Your hand at work in my life and in the world. I know You are here with me. Let me feel Your presence.

DATE _____

REFLECTIONS _____

Tax Collector’s Prayer

“God, show mercy to me, a sinner.”

Luke 18:13

THE DAILY LIFE BIBLE

When you feel that you’ve let God down, it can be difficult to find the right words to pray. Asking for His mercy is a perfect place to begin. You can’t change the past, but you can release your regrets to the Lord and begin anew, today.

Have mercy on me, Lord. Lift regret from my heart. Help me let go of the past and forgive myself as You have forgiven me.

DATE _____

REFLECTIONS _____

The Prayer of a Desperate Mother

“Show me mercy, Son of David. My daughter is suffering terribly from demon possession.... Lord, help me.”

Matthew 15:22, 25

THE DAILY LIFE BIBLE

George Mueller said, “We must pray patiently... until we obtain an answer.” When you consistently pray with steadfast faith, your prayers can cast out demons—addiction, greed, pride, envy—move mountains and make the impossible, possible.

Lord, help all those struggling with addiction. Heal them with Your loving touch and lead them to the path of recovery.

DATE _____

REFLECTIONS _____

Moses' Prayer

“Please show me Your glorious presence.”

Exodus 33:18

THE DAILY LIFE BIBLE

Although you may not always feel it, God is ever present. He is your Father, your divine mentor and eternal guide on life's journey. Build your relationship with Him through prayer and devotion and you'll always know that He is beside you.

Lord, thank You for Your guiding presence in my life. Teach me to enjoy the journey—every fork, twist and bump—and give me the strength and courage to continue on in faith.

DATE _____

REFLECTIONS _____

The Prayer of Jabez

“If only You would greatly bless me and increase my territory. May Your power go with me to keep me from trouble, so as not to cause me pain.”

1 Chronicles 4:10

THE DAILY LIFE BIBLE

God has a future filled with blessings planned for you. Seek His gifts not for your personal fulfillment but for His glory. When you rely on His multitude of gifts, you open a channel for His divine work to flow in and through your life.

Dear God, Thank You for blessing my life, for comforting my heart with Your love and for strengthening my faith with Your Word. Thank you for everything.

DATE _____

REFLECTIONS _____

Peter's Prayer

“Peter replied, ‘Lord, if it’s You, order me to come to You on the water.... Lord, rescue me!’ ”

Matthew 14:28, 30

THE DAILY LIFE BIBLE

Do you allow fear or self-doubt to limit you? Do you trust that God’s powers are at work in your life? The next time you feel afraid, unworthy, full of uncertainty, keep your eyes fixed on the Lord. Believe in His almighty ability to perform miracles on your behalf.

Heavenly Father, because of You my future is filled with opportunity. I praise You for blessings on the way.

DATE _____

REFLECTIONS _____

The Lord Is My Shepherd

“The LORD is my shepherd. I lack nothing. He lets me rest in grassy meadows; He leads me to restful waters.”

Psalms 23:1-2

THE DAILY LIFE BIBLE

God’s love is so great, so constant, that nothing can separate you from it. Find comfort knowing that He will supply everything you need for a happy and fulfilled life. Rejoice! Your cup overflows.

Lord, how great and steadfast is Your love! Thank You for all You have given me: Your divine guidance, Your healing comfort and most of all, Your unfailing and everlasting love.

DATE _____

REFLECTIONS _____

The Prayer of Jesus

“Father, forgive them, for they don’t know what they’re doing.”

Luke 23:34

THE DAILY LIFE BIBLE

Jesus asked for mercy and forgiveness for those who crucified Him. Are you able to pray for the people who cause you pain? A true pathway to a peaceful heart is to ask God for help in showing compassion to your adversaries.

Loving God, lead me to be a vessel of Your healing in the hurting world. Help me make a difference here on earth by loving people the way that You love them.

DATE _____

REFLECTIONS _____

Solomon’s Prayer for Wisdom

“Give me wisdom and knowledge so I can lead this people, because no one can govern this great people of Yours without Your help.”

2 Chronicles 1:10

THE DAILY LIFE BIBLE

When given the opportunity to ask God for anything, Solomon asked for the wisdom to lead His people. He prayed for knowledge to help him serve others. What a wonderful model Solomon is of generosity of spirit. Pray for spiritual blessings—wisdom, understanding, peace—so that you can better do His work on earth.

Heavenly Father, help me to do good. Guide me to use my resources and gifts to benefit others. Help me be a blessing to those around me.

DATE _____

REFLECTIONS _____

The Model Prayer

“Pray like this: Our Father who is in heaven, uphold the holiness of Your name. Bring in Your kingdom so that Your will is done on earth as it’s done in heaven.”

Matthew 6:9-10

THE DAILY LIFE BIBLE

Jesus’ words teach us how to grow closer to our Heavenly Father. He gave us this prayer as a model to praise, petition and honor God. Use these words that came from Jesus’ own lips and pray: constantly, specifically and expectantly to experience heaven on earth.

Loving Creator, my comfort, joy and peace all come from You. Thank You for the many ways You show me how to pray—and for being with me every step of the way!

DATE _____

REFLECTIONS _____

A Prayer for Stronger Faith

“I have faith; help my lack of faith!”

Mark 9:24

THE DAILY LIFE BIBLE

Difficult times can challenge your belief in God. When doubt threatens to overwhelm you, pray honestly, acknowledging that you want to believe in God’s power but need help. Ask Him to fill your heart with faith, trust and love.

Heavenly Father, how wonderful it is that I can always be honest with You. When I come to You filled with doubt and uncertainty You strengthen me with unwavering faith.

DATE _____

REFLECTIONS _____

A Prayer of Thanksgiving

**“This is the day the LORD acted;
we will rejoice and celebrate in it!”**

Psalm 118:24

THE DAILY LIFE BIBLE

Begin each morning praising God for creating the day. Celebrate and rejoice in the gift He’s given you. Thank Him for the night’s rest and the vitality you have to start a new day. Ask Him to show you how you can use your time and energy to do His will.

Dear Lord, thank You for today. Because of You, I welcome each morning as a glorious blessing.

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